



Thank you for your interest in the 3rd Annual New York Relays at Icahn Stadium. The College and Open sections will take place on Sunday, April 15th, 2007. Meet information is as follows;

All entries must be processed through www.directathletics.com. Entries are currently open and will remain open until Thursday April 12th at Noon EST.

Entry fee is \$22 per event or \$300 per team (Teams are considered single sex for a combined men's and women's team \$600). Entry fees for college and club teams should be paid at packet pick-up all exceptions must be cleared through the meet director. Entries for all unattached athletes must be paid at time of entry. Please remember this is an entry fee not a participation fee. **Please make all checks payable to; The Randall's Island Sports Foundation.** Heat sheets can be found on www.risf.org by Friday, April 13th at 5pm.

Awards will be presented to the following; original design and size New York Relay Plaques will be given to each winning college team. There will also be most outstanding performance awards presented to the best male and female college and non-college performance based on the IAAF scoring tables.

Hotel accommodations will be provided by Marriot at the following locations;

Teaneck Marriot, located in Teaneck NJ approximately 5 miles from Icahn Stadium at a special rate of \$109 per night. For reservations please contact Douglas Yamawaki, sales manager, directly at 201-928-2016.

LaGuardia Airport Marriot, approximately 2 miles from Icahn Stadium will be available at a special rate of \$129 per night. For reservations please contact Justine Florian, sales manager at 718-533-3002

Please do not hesitate to contact me with any further questions.

We look forward to seeing you at Icahn Stadium!

Lauren Primerano
Meet Director
Icahn Stadium
609-915-3039
exceltrack@aol.com

THE NEW YORK RELAYS

Sunday, April 15th

Field Events

| | |
|---------|---------------------|
| 9:00am | Women's Hammer |
| 10:30am | Men's Hammer |
| 11:00am | Men's Triple Jump |
| | Women's Triple Jump |
| | Women's Javelin |
| | Women's Shot Put |
| | Women's Pole Vault |
| 12:30pm | Men's Pole Vault |
| 2:00pm | Men's Long Jump |
| | Women's Long Jump |
| | Men's Javelin |
| | Men's Shot Put |
| | Women's High Jump |
| 3:30pm | Men's High Jump |
| | Women's Discus |
| 5:30pm | Men's Discus |

Running Events

| | |
|---------|----------------------------------|
| 12:30pm | 5000m Final |
| 1:10pm | 4 X 100m Final |
| 1:25pm | 400IM Final |
| 1:45pm | 1500m Final |
| 2:15pm | 100/110HH Trials |
| 2:35pm | 100m Trials |
| 2:55pm | 3000SC Final |
| 3:20pm | 200m Trials |
| 3:50pm | 4 X 800m Trials |
| | 100m/110m HH Final Non-College |
| 4:10pm | Final |
| 4:15pm | 100m/110m HH Final College Final |
| 4:25pm | 100m Final Non-College Final |
| 4:30pm | 100m Final College Final |
| 4:35pm | 400m Final |
| 4:55pm | 800m Final |
| 5:15pm | 200m Final |
| 5:25pm | 4 X 400 Relay Final |
| 5:40pm | 10,000m Final |